

General information

Training periods

The Swiss Tennis Academy will be closing its doors during the following weeks:

19.12.2015 – 04.01.2016

Training takes place every week Monday to Friday.

There is no training on the following public holidays: Good Friday, Easter Monday, Ascension Day, Whit Monday.

Coaching during tournaments

Coaching during tournaments is a key aspect of any comprehensive support. Training with the players all year without being able to observe them at tournaments makes little sense. As a result, Swiss Tennis Academy organizes various tournament delegations (in the categories ATP/WTA, ITF and Tennis Europe). The players' participation in these delegations is voluntary and will be discussed with the parents beforehand (in case of youths). There is no entitlement to participation in one or several delegations.

Track suit

All players of the full-time program, the 10/20-weeks program and the afternoon program will receive a Swiss Tennis Academy track suit.

Fitness training

All aspects relevant for tennis players (endurance, strength, speed, mobility and coordination skills) are taught and trained. The fitness coaches teach according to the methods developed by Pierre Paganini (fitness coach of Roger Federer).

School and language courses

The Swiss Tennis Academy works closely with external teachers who offer classes in German, French and English on the premises of the Swiss Tennis Academy. Players attending a distance learning program (high school, commercial school) are supported. It is also possible to prepare for American college admission exams (TOEFL test). The costs of these education and training programs are not included in the annual fee and will be charged separately.

Accommodation/boarding

The Players have the option to stay at the «Swiss Tennis House». Services available at the «Swiss Tennis House» include:

- Accommodation in single or double rooms
- Support and monitoring by a trained specialist
- Washing and drying room
- Players Lounge
- Classrooms
- Wireless internet connection
- Breakfast, lunch and dinner